World Cup 2000 Events 1 & 2 JAPAN

1000 / 1000 / 1

Saturday 15 and Sunday 16 April 2000

Bulletin 4



1. General Information

Event Centre and Assembly Area

EventCentre -YMCA TOZANSO address: Higashiyama 1052 Gotemba, 412-0024 tel: (0550)83-1133 fax: (0550)83-1138 Tel&faxoftheWorldCupeventofficeatYMCA: (0550)83-1134 Emergency: mobile: 090-4250-1401 (MsMasumiTOMITA)

Assembly Area

-Mt.FujiChildren'sWorld address: kazaki 1015 Fuji, 417-0803 tel :(0545)22-5555 fax: (0545)22-5551

2. Event Programme

World Cup Events

Thursday 13th April

13:00-22:00	Event office at YMCAopen
15:30-	Checkin
17:15-19:00	Dinner

Friday 14th April	Model Event, Opening ceremony
8:00-11:30	Event officeatYMCA open
7:30-8:30	Breakfast
9:00-	Bus transport to Model Event (Shonen shizen no ie)
10:00-14:00	Model event / Training
14:00-14:30	Openingceremony
14:30-15:15	Reception and entertainment at model event
15:20-	Bus transporttotheaccommodation (YMCA)
16:30-21:00	Event office at YMCAopen
17:30-	Teamleaders'meeting
17:30-19:00	Dinner

Saturday 15th April Classic distance competition

6:00-9:00	Breakfast
6:45-10:30	Event officeatYMCA open
7:00-10:30	Compulsory bus transport to the pre-start
9:00-	Classic distance race for men and women -first start
ca12:00	Last start
ca13:30-	Prizegiving ceremonyattheMt.FujiChildren's World
14:30-	Bus transport to the accommodation (YMCA)
	(Some buses will stop at a supermarket)
15:30-21:00	Event office at YMCAopen
17:30-	Teamleaders'meeting
17:30-19:00	Dinner

Sunday 16th Apr	ril Relay, Banquet
6:00- 9:00	Breakfast
7:00-	Bus transporttotheeventcentre
ca 9:00	Relay start
11:10-	Prizegiving ceremonyattheMt.FujiChildren'sWorld
12:00-	Bus transport to the accommodation (YMCA)
18:00-	Banquet

Monday 17th April

7:30-9:00	Breakfast
8:00-	Depart from YMCA
8:00-10:00	Event office open

Spectator Races Saturday 15th Ap

Saturday 15th	April 2000
10:00-	Receptiondesk open
13:00-14:30	Start (Short distance competition; Winning time will
	be up to 45 min.)

Sunday	16th A	pril 2000
10:00-		Receptiondesk open
ca12:30-	14:00	Start (Classic distance competition; Winning time
		will be up to 60 min.)

Ceremonies

Opening Ceremony and Reception The opening ceremony and a reception with entertainment will be held at the Model Event. After model event, you can stay in a comfortable place where there are toilets and showers until the opening ceremony starts. Teams are requested towearteams'uniforms.At the reception, somesnacks and drinks will be served. You areadvised tobringyour own lunches to the venue because there are no shops and restaurants.

Prize giving ceremony

Prize giving ceremonies will beheld at the Mt. Fuji Children's World.

Banquet

A banquet will be held at the gymnasium of YMCA Tozanso. The fee is ¥3000. A mixture of Western and Japanese buffet will be served. There will be some entertainment.

There is nolimitation on clothing.

3. Accommodation and Transport During the World Cup

Catering

At YMCA Tozanso, a European-style buffet will be provided for dinner and breakfast, which will cater for vegetarians and people with food allergies. Plenty of hot vegetables, fresh vegetables, meat, fish, soup, bread, rice, desserts, coffee, tea, milk, etc will be provided at dinner. For breakfast, eggs, hams/sausages, fresh vegetables, yogurt, bread, coffee, tea, milk,etcwillbeprovided.

At Gotemba YHA, a mixture of Western and Japanese meals will be served.

There are no restaurants around the model event area. Please bring your own lunch to the model event.

Transport during the Event

Bus transport will be provided on the event days between the official accommodation and the event area. The buses will not stop on the way to the events. On the way back from the events, some of the buses will stop at a supermarket if required.

For the classic event, bus transport is compulsory for competitors and for any team officials or media representatives who wish to go to the start. Private transport will not be permitted at the start, but may be taken to the assembly area.

For the model event and relay, the use of bus transport is optional and private transport may be used. Bus transport to the assembly area will be available for team officials, IOF guests and media representatives on all days.

Busstops

- ·ΥΜĊΑ
 - A :InfrontoftheentranceoftheMainHall
- Shonen Shizen no Ie : The rotary in front of the entrance of Shonen Shizen no Ie
- Mt. FujiChildren's World : Parking lot A

14th April: Model Event (Shonen SizennoIe; 少年自然の家) Accommodation Model Event (Return: ¥ 2,500)

Bound

Dound					
YMCA DP.	ModelEvent AR.				
9:00	10:00				
10:00	14:00				
13:00	14:00				

Back

ModelEventAR.	Supermarket AR.	Supermarket DP.	YM C A AR.
15:20			16:20
15:20	16:10	16:40	16:55

15th April: Classic

Accommodation Assembly Area (Return: ¥ 2,500)

Compulsory transport for competitors. The bus fare for competitors are included inthe entryfee.

E	Bound				
	No.	YMCA DP.	Pre Start AR.	Pre Start DP.	Assemblyarea AR.
	1	7:00	7:50		
	2	7:40	8:30	8:40	8:50
	3	8:20	9:10	9:20	9:30
	4	9:00	9:50	10:00	10:10
				11:00	11:10
				12:10	12:20

Competitors should choose the bus according to the following starttime.

No. 1		9	:	0	0	~		9	:	40
No. 2		9	:	4	0	~	1	0	:	20
No. 3	1	0	:	2	0	~	1	1	:	00
No. 4	1	1	:	0	0	~	1	2	:	00

Officials are allowed to get any buses. Please notice that the No.1 bus does not go to the assembly area.

There is toilet at the busstop.

The distance to pre-start is 70m and competitors can leave their warm-up clothes in pre-start.

Back

Children's WorldDP.	Supermarket AR.	Supermarket DP.	YMCA AR.
14:30			15:15
14:30	15:10	15:30	15:50
15:00			15:45

16th April: Relay

Accommodation

Assemblyarea (Return: ¥ 2,500)

Bound

YMCA DP.	Mt. Fuji Children's World	AR.
7:00	7:45	
7:20	8:05	
8:30	9:15	
13:15	14:00	
14:00	14:45	

Back

Mt. FujiChildren's World DP.	YMCA AR.
12:30	13:15
12:30	13:15
14:00	14:45

17th April: Departure

Accommodation Narita Airport (Single: ¥ 4,000)

YMCA DP.	Narita Airport AR.
8:00	12:00

4. Technical Information

<<COMMON COMPETITION INFORMATION>> Changingfacilities, showers and bath

Excluding the model event, showers with hot water and bath are available at the finish area in the assembly area . Tent for changing will be pitched at the finish area.

Number Bibs

Competitors have to wear the number bibs in front of the chest.

Clothing Restrictions

Spikes affect the pavement in the park. Full-length metalspikes are prohibited. Stud spikes may be worn.

Maps

Maps	Model	Classic distance	Relay
Scale	1:15,000 & 1:10,000	1:15,000	1:10,000
Contour Interval	5 metres	5 metres	5 metres
Specialities	See below		
Surveyed	1999-2000	1998-2000	1998-2000
Printed	March 2000	March 2000	March 2000
Sizes (mm) 320x	210mm & 210x150mm	420x300 mm	420x300mm

The mapsaredrawnwithOCAD7.0. The mapsareprintedonthewaterproofpaper.

Specialfeatures: Charcoal burning pit(shown as ISOM symbol 539 black circle)

Charcoal burning pit will not be used as control sites. Pao, usedforlivingin Mongolia, isshownas gray circle.

Controls and control description

All controls are made according totheIOFstandards.

Control description are are made according the IOF rules, and they are printed in the competition maps.

List of used control descriptions will be distributed for teams in the team leader's meeting in the previous evening.

Mapchange

There is no map changing.

Embargoed Areas and previous maps

The areas shown on Map * and the terrain except for the park of Mt.

FujiChildren's world are embargoed.

The following existing maps are located in the embargoed area:

- 1. FUJI (used for APOC '92) north of nationalroadno.469
- 2. OOBUCHI-MARUBI
- 3. HIGASHI-KURABONE
- 4. TSUNOKI-ZAWA
- 5. FUJI CHILDREN'SWORLD

The areas shown on Map ** and Entrance to the terrain is prohibited until the relay is over.

Previous events were arranged in the area of the map FUJI in 1992 and the map of FUJI CHILDREN'S WORLDin 1999.

The previous two O-Maps, FUJI and FUJICHILDREN'S WORLD, of the competition's area will be distributed in the team official meeting at the YMCA.

The previous maps of the area (Fuji and Fuji children's world) are not allowed to be taken to the event.

Return of competitionmaps

After passing the finish, please put the used competition map in the bag with the name of your country. Used competition maps will be returned at the eventoffice.

Checking of controls

EMIT is usedforClassic distance andRelay.

Controldescription

Control descriptions are printed on the competition maps. The description for classic event is also distributed at the teamleadersmeeting.

Refreshments

There are two refreshment controls both in men's and women's course of the classic distance. Water and sugar water (Pocaliswet) will be provided. The setupwillbedemonstrated inthemodel event.

Medicalassistance

The medical centre is prepared t the finish area during the race days. First aid is available in the terrain of classic distance, and it is printed in the competition maps.

Location: The terrain is located within a vast forest some 800 - 1100 m above sea level which extends over the saddle between Mount Fuji, the highest mountain in Japan (3776 m) and MountAshitaka, which issouth-east of Mount Fuji.

- **Geographical features:** The terrain was formed from volcanic lava of Mount Fuji in ancient times. This lava is now almost covered with deep humus soil which is very soft, but some rocky areas or isolated rock features can still be seen. The terrain is moderately hilly, with some steep areas. Most of the terrain slopes towards the south from the top of Mount Fuji. In places, the old lava streams have formed subtle complex terrain with many knolls and depressions. There are also many small erosion gullies, ditches and seasonal watercourses, which should be dry at the time of the competitions. There are some deeply eroded tracks which may appearsimilar to the watercourses and erosion gullies.
- **Vegetation features:** The forest consists mainly of conifers . The visibility is generally good, but runnability is variable. There are areas of thorn bushes, dense bamboo grass and cut timber from forestry operations, all of which affect runnability. However, the courses mostly avoid these less runnable areas. In some parts of the relay course, runners might encounter areas offallen timber.
- Man-made features: There are some sealed or unsealed roads in the terrain, but few paths. There are some new forestry tracks in the forest. Areas of cultivated land and houses are limited and may not be encountered during the competitions. The area of the Children's World, where the finish is located contains some artificial constructions and a dense networkoftracks. (順序を変更)

<<MODELEVENT Friday14thApril>>

Model event is openduring 10:00 to14:00.

Assembly area for the model event is Shounen Shizen no ie. There are changingrooms, toilet and confortable rooms areavailable atShounen Shizen no ie.

Information

Maps for the model eventwillbehanded at theoffice of modelevent.

The model event will demonstrate the type of terrain and mapping style, type and place of the controls, punching system, refreshments, control descriptions and start procedures.

There are 17 controls in the terrain, but there is no recommended course.

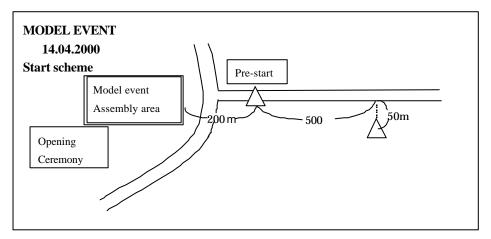
Opening ceremony will be held in the gymnasium of shonen shizen no ie after the model event.

TerrainInformation

The scale of map for classic and map for relay are different. There are two types of maps.

Classic distance map 1:15,000

Relay map1:10,000



<<CLASSIC DISTANCE>>

Busstop

The distance to pre-start is 100m and competitor's baggage which will be left at the bus, and competitor's warm-up clothes which will be left at the pre-start will be transported to the finish by organizer.

There are two toilet on the way to pre-start.

Start

Classic distance

First start 9:00

3minutesinterval

Warming-up area

Warming-up areamap is available prepared in pre-start area. mapscale1:15,000

Pre-start

The runner pre-start 4 minutes before actual start according to the start list. The E-card will be checked 7 minutes before start.

The E-card will be cleaned at the sametime as the actual start.

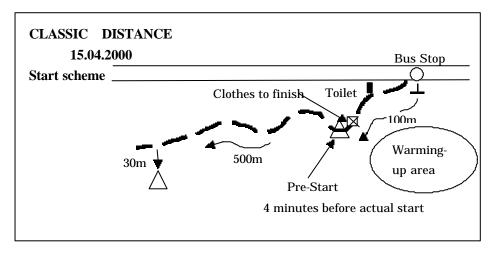
Course Information

Event/course	Length	Winning time	Climb	Controls	Radio	Refreshment
	(km)	(min)	(m)		Controls	S Controls
Classic distanc	e				(%of	courselength)
Men	13.3	75	455	22	2	33, 71
Women	8.8	60	275	17	2	31, 59
		0				

*Inthelater half of course there is visual route for spectators.

Transport

The organizer arranges competitors transport from accommodation site to the assembly area (pre-start area) and for the officials tothefinish,too.



<<RELAY>> Start

Women9:00 Men 9:10 Others 9:20

(1strunner)

The E-cards will be checked and cleaned 10 minutes before the competitors will be standing at the starting line. The maps will be handled 1 minutes before start and will be able to be opened at the same time as the start.

Touch(2nd & 3rd runner)

The E-card will be checkedand cleaned in nextrunnersarea. The E-card will be re-cleaned before entering intouch zone. The touch will bedone by touching a part of nextrunner's body.

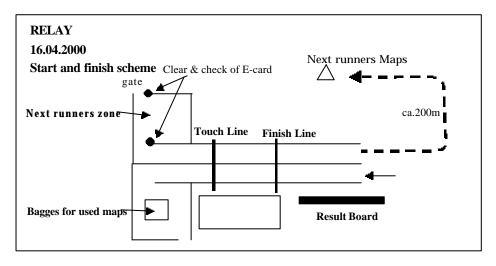
Cours Information

Event/cour	se Length				Controls	Radio Re	freshment
	(km)	(n	nin)	(m)		Controls	Controls
						(% of co	ourse length)
Men	6.5-7(pe	r leg)	40	200	18		
Women	<1st• 2nd>	-					
	4.2-4.25(p	ber leg)	30	130-140	12	45 %•75 %)
			- 1	0 -			

<3rd> 5.05-5.1(per leg) 40 150-155 15 55 % 80 %

Transport

The organizer arranges competitors and officials transport from accommodationsite to the assembly area (finish area).



Start Draw&RedGroup

The start drawwill be heldintheeventofficeinpresenceofonejury member. Itisnotpublic.

No qualification races will be held for the classic distance event. The start orderwillbedecidedbyadraw.

The competitors shall be nominated in 3 separate groups and start order in each group will be drawn by computer. There is also a red start group, which will be the final start group. Members of the Red Start Groups will be named by the Event Organizer after entries have closed and at least 1 hour before the start draw. The nomination of the team members in start groups must be provided to the organizers at the event office of YMCA or the model event by 12:00 on 14th April.

The following information about the Red Start Group has been provided by the IOF:

Redstart group

Topromote world class orienteering, a seeded startlist will be used in the IOF World Cup in foot orienteering in 2000. A so-called Red Start Group shall be the final start group in nominated World Cup races, except in ultra-short distance races, races with chase startor in the World Cupfinal. The Red Start Group is intended to give more status to the best orienteers and assist the media and other spectators in identifying them. For both women and men, the Red Start Group consists of a number of top athletes, which are selected according to the criteria defined in the IOF Special Rules for the World Cup 2000. Provided they are members of their Federation's team the following runners qualify for the Red Start Group:

1. The classic-distance and short-distance medallists at the 1999 World Orienteering Championships.

Kirsi Boström (FIN) BjørnarValstad(NOR) HanneStaff(NOR)CarlHenrikBjørseth(NOR) JohannaAsklöf(FIN)AlainBerger(SUI) YvetteBaker(GBR)JørgenRostrup(NOR) LucieBöhm (AUT) JuhaPeltola (FIN) Frauke SchmittGran(GER)JanneSalmi(FIN)

2. The top 3 competitors atthattimeintheindividualWorldCupstandings. (This is not applicable to the Japan World Cup events, being the first in the 2000 competition).

3. The top-ranked competitor according to the IOF World ranking list as recorded on April 1, 2000.

4. The 1998 World Cup winners. HanneStaff(NOR, *alreadynamedabove*)andChrisTerklesen(DEN)

5. A'wildcard'competitor chosen by the Event Organiser.

6. Up to 3 'wild card' competitors chosen by the Foot Orienteering Committee.

7. The Red Start Group shall consist of 15 names and is complimented by adding the next top ranked runners on the IOF World ranking list as on 1 April 2000 if space allows.

Jury

MarcelSchiece, Oyvin Holt, ShouichiFunabashi

5. Team Information and Entry

Deadlines for Nominative Entry

Nominative Entry 214th April at 12:00Nominative Entry 315th April at 12:00

Team entries

(1st April 2000)

Nation		Men	Women	Officials Men	Officials Women	Total
1 Australia	AUS	6	3	0	0	9
2 Belgium	BEL	3	0	0	0	3
3 Bulga ia	BUL					
4 Canada	CAN	1	0	0	0	1
5 Denmark	DEN	6	3	2	0	11
6 Finland	FIN	6	6	4	0	16
7 France	FRA	3	3	3	0	9
8 Great Britain	GBR	6	6	3	0	15
9 Germany	GER	1	1	1	0	3
10 Hong Kong	HKG	6	3	1	0	10
11 Japan	JPN	6	6	2	0	14
12 Norway	NOR	6	6	1	2	15
13 Poland	POL	3	0	1	0	4
14 Russia	RUS	1	0	0	0	1
15 Sweden	SWE	6	6	4	0	16
16 Switzerland	SUI	4	4	0	1	9
Total		64	47	22	3	136
		Competitors		Officials		
		1	11	2	5	

6. Organization

Organizer: Shizuoka Orienteering Association Key personnel are: IOFController: David HOGG (AUS) Assistant Controller: Robert PLOWRIGHT (AUS) National Controller: Shin MURAKOSHI Assistant National Controller: Masayuki TASHIRO Event Director: Taro SAKAMOTO TechnicalDirector: Takao NISHIO Yoshihide WAKUDA (Classic) Course Planners: and Hitoshi HIRAI (relay) Kazushige HATORI and Cartography: Kotaro NAKAMURA Responsible for Media services is: Mr Rentaro FUJITA fax: +81-(0)545-21-0039 Correspondence should be directed to:

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