

World Cup 2000 Events 1 & 2 JAPAN

Bulletin 3- February 2000

1. General Information

Event Centre and Assembly Area

Event Centre The centre for the World Cup races is located in Gotemba, a city in the hills about 80 km west of Tokyo (see Map 1). Gotemba is about 4 hours drive from both New Tokyo International Airport (Narita) and Nagoya International Airport.

-YMCA TOZANSO

address: Higashiyama 1052 Gotemba, 412-0024

tel : +81-(0)550-83-1133

fax : +81-(0)550-83-1138

Assembly Area The assembly area for both World Cup races is at Mount Fuji Children's World, a large new theme park which extends over 193 ha. Some parts of the park were opened to the public in May 1999. Other areas are still under construction.

- Mt. Fuji Children's World

address: kazaki 1015 Fuji, 417-0803

tel : +81-(0)545-22-5555

fax : +81-(0)545-22-5551

Travel to and from the Event Centre

The organizer will provide buses from Narita Airport to the accommodation at Gotemba on the afternoon of the 13th. This fare (¥4,000) is not included in the entry fee.

If it is not convenient to use these buses, you can travel by public train or bus from Narita to Tokyo, then from Tokyo to Gotemba.

The following public transport options are available:

From Narita Airport to Tokyo:

1. JRNarita Express 55min. -¥2,940 every 30min. (from airport to Tokyo)
- 84min. -¥31,00 every 60min. (from airport to Shinjuku)
2. JRAirport Narita 84min. -¥1,280 every 1hour (from airport to Tokyo)
3. Keisei Skyliner 55min. -¥1,920 every 40min. (from airport to Nippori)
4. Keisei Morningliner 70min. -¥1,400 (from airport to Nippori)
then JR lines from Nippori to Tokyo 20min. ¥150
5. Airport limousine bus 80min. -¥3,000 every 30min.

From Tokyo to Gotemba:

1. Tomei Highway Buses (2 hours, every 20~30 min.) from Tokyo -¥1,540
2. Trains (JR Tokaido Line & JR Gotemba Line; 2.5 hours) from Tokyo -¥1,890
3. Asagiri Express (Odakyu Line 1.7 hours, 4 times/day) from Shinjuku -¥2,720
4. Odakyu Buses (1.7 hours, every 30~60 min.) from Shinjuku -¥1,540

For people who come by TRAIN;

Please get off at Gotemba station. It is about 40 minutes walk to the accommodation (YMCA). By taxi, it takes about 10 min. (about ¥2,000).

For people who come by BUS;

Please get off at "Tomei Gotemba" bus stop. It takes about 15 minutes to walk to the accommodation.

Train schedules and busschedules are provided on another sheet.

For further information about travel by public transport, including transport from Nagoya, please contact Ms Masumi TOMITA.

You can also rent a car if you have an international driver's licence. Rent-a-car offices are located near Gotemba Station, Fuji Station etc. Any team that wishes to rent a car is advised to contact Ms Masumi TOMITA for further information.

Some examples of rent-a-car costs are as follows, excluding ¥1,000/day for insurance and 5% tax.

¥10,500 / 24 hours (capacity: 5 people), ¥8,000 per extra day

¥20,500 / 24 hours (capacity: 8 people), ¥14,500 per extra day

Many other options are available. The above cost does not include the petrol. The price of petrol is about 100 yen/litre.

Anyone contemplating renting a car should understand that, while direction signs on major roads usually include English, most other signs are in Japanese characters only and are difficult for visitors to recognize. This can make driving in Japan more difficult for visitors than in many other foreign countries. Japanese traffic travels on the left hand side of the road.

After the World Cup, the organizer will provide buses from the accommodation (Gotemba) to New Tokyo International Airport (Narita) in time for night flight to Australia. This fare (¥4,000) is not included in the entry fee. In addition, the following travel agency can assist in organizing optional tours:

NTA (NIPPON TRAVEL AGENCY)

GOTANDA OFFICE

E-mail: gotanda_office4@nta.co.jp

Fax: +81-3-3492-8725

Tel: +81-3-3492-6662

The person in charge: Mr Takashi SHONO

Money Change

Most of credit cards issued by foreign company are not accepted by automatic tellers around Fuji and Gotemba, though the commonly used cards are acceptable at most of the major stores. If you wish to obtain cash using a credit card, it would be advisable to do this at Narita Airport.

At the supermarket "Kimisawa", on your way back to the accommodation from assembly area, Visa cards are acceptable.

Rate: 1 US\$ is about 105 Japanese Yen. (14th Jan. 2000)

Visas

Please contact the Japanese embassy or consulate in your country for further information. All visitors are advised to confirm entry conditions to Japan (e.g. period of currency of passport) with their nearest Japanese embassy or consulate.

If documentation from Japan is required to support your visa application, this can be supplied by the Japan Orienteering Association. The address and phone number of JOA office are :

3-28-2 Shiba, Minato-ku, Tokyo 105 Japan

Tel +81-(0)3-5476-5657

Fax +81-(0)3-5476-5658

Please apply for this documentation as soon as possible.

2. Event Programme

Programme Details

World Cup Events

Thursday 13th April

13:00-22:00	Event office at YMCA open
15:30-	Check in
17:15-19:00	Dinner

Friday 14th April

Model Event, Opening ceremony

8:00-11:30	Event office at YMCA open
7:30-8:30	Breakfast
9:00-	Bus transport to Model Event (Shonen shizen no ie)
10:00-14:00	Model event/Training
14:00-14:30	Opening ceremony
14:30-15:15	Reception and entertainment at model event
16:30-21:00	Event office at YMCA open
15:20-	Bus transport to the accommodation (YMCA)
17:30-	Team leaders' meeting
17:30-19:00	Dinner

Saturday 15th April

Classic distance competition

6:00-9:00	Breakfast
6:45-10:30	Event office at YMCA open
7:00-10:30	Compulsory bus transport to the pre-start
9:00-	Classic distance race for men and women -first start
ca 11:21	Last start
ca 13:00-	Prize giving ceremony at the Mt. Fuji Children's World
14:30-	Bus transport to the accommodation (YMCA) (Some buses will stop at a supermarket)
15:30-21:00	Event office at YMCA open
17:30-	Team leaders' meeting
17:30-19:00	Dinner

Sunday 16th April

Relay, Banquet

6:00- 9:00	Breakfast
7:00-	Bus transport to the event centre
ca 9:00	Relay start
11:10-	Prize giving ceremony at the Mt. Fuji Children's World
12:00-	Bus transport to the accommodation (YMCA)
18:00-	Banquet

Monday 17th April

7:30-9:00	Breakfast
8:00-	Depart from YMCA
8:00-10:00	Event office open

Spectator Races

Saturday 15th April 2000

10:00-	Reception desk open
ca 11:30-14:00	Start (Short distance competition; Winning time will be up to 45 min.)

Sunday 16th April 2000

10:00-	Reception desk open
ca 12:30-14:00	Start (Classic distance competition; Winning time will be up to 60 min.)

Ceremonies

Opening Ceremony and Reception

The opening ceremony and a reception with entertainment will be held at the Model Event. After model event, you can stay in a comfortable place where there are toilets and showers until the opening ceremony starts. Teams are requested to wear teams' uniforms. At the reception, some snacks and drinks will be served. You are advised to bring your own lunch to the venue because there are no shops and restaurants.

Prize giving ceremony

Prize giving ceremonies will be held at the Mt. Fuji Children's World.

Banquet

A banquet will be held at the gymnasium of YMCA Tozanso. The fee is ¥3000. A mixture of Western and Japanese buffet will be served. There will be some entertainment. There is no limitation on clothing.

3. Accommodation and Transport During the World Cup

Accommodation

Accommodation for teams, IOF officials and media representatives has been organized at YMCA Tozanso at Gotemba and the nearby Gotemba YHA Hostel. This accommodation is available from the evening of Thursday 13 April to the morning of Monday 17 April.

YMCA Tozanso offers the following classes of accommodation:

Class A: ¥10,000 per night with 2 meals.

Twin with toilet and bath.

Class B: ¥8,500 per night with 2 meals.

Twin without toilet and bath.

Class C: ¥7,000 per night with 2 meals.

Room with 4 to 6 beds.

The Youth Hostel, which is 5 minutes walk from the YMCA, offers:

Class D: ¥6,000 per night with 2 meals (¥5,000 for YHA members).

- For Classes B and C, some rooms may have a toilet. Showers and Japanese style baths are available in a separate building.
- For Class C, groups of 6 to 8 may have a room with a meeting room attached.
- For classes A, B and D, the number of rooms is limited. These will be allocated to teams in order of receipt of the accommodation deposit.

If any teams require cheaper accommodation than those listed above, it may be possible to arrange Japanese style rooms or accommodation in a hall (Class E) (¥2,800/night, with 2 meals). Teams interested in Class E accommodation should contact Ms Masumi TOMITA for further information.

Catering

At YMCA Tozanso, a European-style buffet will be provided for dinner and breakfast, which will cater for vegetarians and people with food allergies. Plenty of hot vegetables, fresh vegetables, meat, fish, soup, bread, rice, desserts, coffee, tea, milk, etc will be provided at dinner. For breakfast, eggs, hams/sausages, fresh vegetables, yogurt, bread, coffee, tea, milk, etc will be provided. Any people with special dietary requirements (e.g. vegetarians, food allergies) should notify the organizers using the relevant form.

At Gotemba YHA, a mixture of Western and Japanese meals will be served.

For lunch, sandwiches and juice are provided on 14th, 15th and 16th. The price is ¥500 per lunch. If you want this lunch, please fill in the relevant form, or e-mail Ms Masumi TOMITA by **24th March**. Please pay the bill on arrival at the event centre. In the assembly area, noodles, rice+curry and some snacks are available for about ¥800. In the area around the model event, there is no restaurant.

Transport during the Event

Bus transport will be provided on the event days between the official accommodation and the event area. The buses will not stop on the way to the events. On the way back from the events, some of the buses will stop at a supermarket if required.

For the classic event, bus transport is compulsory for competitors and for any team officials or media representatives who wish to go to the start. Private transport will not be permitted at the start, but may be taken to the assembly area.

For the model event and relay, the use of bus transport is optional and private transport may be used. Bus transport to the assembly area will be available for team officials, IOF guests and media representatives on all days.

4. Technical Information

Terrain Description

Location: The terrain is located within a vast forest some 800 - 1100 m above sea level which extends over the saddle between Mount Fuji, the highest mountain in Japan (3776 m) and Mount Ashitaka, which is south-east of Mount Fuji.

Geographical features: The terrain was formed from volcanic lava of Mount Fuji in ancient times. This lava is now almost covered with deep humus soil which is very soft, but some rocky areas or isolated rock features can still be seen. The terrain is moderately hilly, with some steep areas. Most of the terrain slopes towards the south from the top of Mount Fuji. In places, the old lava streams have formed subtle complex terrain with many knolls and depressions. There are also many small erosion gullies, ditches and seasonal watercourses, which should be dry at the time of the competitions. There are some deeply eroded tracks which may appear similar to the watercourses and erosion gullies.

Vegetation features: The forest consists mainly of conifers. The visibility is generally good, but runnability is variable. There are areas of thorn bushes, dense bamboo grass and cut timber from forestry operations, all of which affect runnability. However, the courses mostly avoid these less runnable areas. In some parts of the relay course, runners might encounter areas of fallen timber.

Man-made features: There are some sealed or unsealed roads in the terrain, but few paths. There are some new forestry tracks in the forest. Areas of cultivated land and houses are limited and may not be encountered during the competitions. The area of the Children's World, where the finish is located contains some artificial constructions and a dense network of tracks.

Maps

Scale:	Classic distance	1:15,000
	Relay	1:10,000

Contour interval: 5 metres

Special features: Charcoal burning pit (shown as ISOM symbol 539 black circle)
Charcoal burning pit will not be used as control sites.

Enclosed with this bulletin is a previous O-map of Fuji Children's Park. It was used for a special World Cup Pre-event on Wednesday 3rd November 1999 which was staged to promote the World Cup and demonstrate orienteering to the managers of the Children's Park. This was approved by the IOF controller.

A small part of the competition area was used for Asia Pacific O Championships in 1992. Since then, this area has been used for some training camps until 1997.

Course Information

Event/course	Length	Winning time	Climb	Controls	Radio	Refreshment
Classic distance	(km)	(min)	(m)		Controls	Controls (% of course length)
Men	12.8	75	395	22	2	33, 69
Women	8.5	60	250	17	2	29, 59

Relay

Men	65 - 7 (per leg)	120
Women	4.2 - 5 (per leg)	100

Clothing Restrictions

Spikes affect the pavement in the park. Full-length metal spikes are prohibited. Stud spikes are allowed.

Embargoed Areas

The areas shown on Map 2 are embargoed until the WC2000 events. The following existing maps are located in the embargoed area:

1. FUJI (used for APOC '92) north of national road no. 469
2. OOBUCHI-MARUBI
3. HIGASHI-KURABONE
4. TSUNOKI-ZAWA

* Please note the following change from Bulletin 2 !

The area on the map, MESHIMORI-RINDOU, is no longer embargoed.

Model Event

The organizer will provide buses from accommodation to the model event. (single:¥1,250, return:¥2,500) but bus transport is not compulsory. Anyone planning to arrive in the Fuji area on the Friday and travel directly to the Model Event should contact Ms Masumi TOMITA for further transport information.

Training Opportunities

Training opportunities are available on request in similar types of terrain in the Fuji district, although the standard of mapping may not be the same as on the World Cup maps. Any teams interested in training prior to the World Cup events should contact the organizer.

A training area is available also near the accommodation at Gotemba, but this is not representative of the World Cup terrain and is not of such high quality. The following maps will be available on arrival.

Name of map	scale	size(mm)	quality	A(good)>C(not so good)
Meshimori-rindou	1:15,000	256 × 364	A	
Nanairo ishi	1:10,000	297 × 419	A	
Sakasa sugi	1:15,000	256 × 364	B	
Amefuri yama	1:15,000	256 × 364	C	
Kiseki no mori	1:15,000	256 × 364	C	

For further information, please contact Ms Masumi Tomita.

Start Draw & Red Group

No qualification races will be held for the classic distance event. The start order will be decided by a draw.

The competitors shall be nominated in 3 separate groups and start order in each group will be drawn by computer. There is also a red start group, which will be the final start group. Members of the Red Start Groups will be named by the Event Organizer after entries have closed and at least 1 hour before the start draw. The nomination of the team members in start groups must be provided to the organizers at the event office of YMCA or the model event by 12:00 on 14th April.

The following information about the Red Start Group has been provided by the IOF:

Red start group

To promote world class orienteering, a seeded start list will be used in the IOF World Cup in foot orienteering in 2000. A so-called Red Start Group shall be the final start group in nominated World Cup races, except in ultra-short distance races, races with chase start or in the World Cup final. The Red Start Group is intended to give more status to the best orienteers and assist the media and other spectators in identifying them. For both women and men, the Red Start Group consists of a number of top athletes, which are selected according to the criteria defined in the IOF Special Rules for the World Cup 2000. Provided they are members of their Federation's team the following runners qualify for the Red Start Group:

1. The classic-distance and short-distance medallists at the 1999 World Orienteering Championships.

Kirsi Boström (FIN) Bjørnar Valstad (NOR)

Hanne Staff (NOR) Carl Henrik Bjørseth (NOR)

Johanna Asklöf (FIN) Alain Berger (SUI)

Yvette Baker (GBR) Jørgen Rostrup (NOR)

Lucie Böhm (AUT) Juha Peltola (FIN)

Frauke Schmitt Gran (GER) Janne Salmi (FIN)

2. The top 3 competitors at that time in the individual World Cup standings. (This is not applicable to the Japan World Cup events, being the first in the 2000 competition).
3. The top-ranked competitor according to the IOF World ranking list as recorded on April 1, 2000.
4. The 1998 World Cup winners.
Hanne Staff (NOR, *already named above*) and Chris Terklesen (DEN)
5. A 'wild card' competitor chosen by the Event Organiser.
6. Up to 3 'wild card' competitors chosen by the Foot Orienteering Committee.
7. The Red Start Group shall consist of 15 names and is complemented by adding the next top ranked runners on the IOF World ranking list as on 1 April 2000 if space allows.

5. Team Information and Entry

Team Size

There is no limitation on the number of officials per team.

Entry

Entry Fee

Competitors	¥ 8,500 per person (including compulsory bus fare for classic event)
Officials	¥ 4,000 per person (excluding bus fare)
Bus fare for optional bus travel	¥ 2,500 per person per day

There are no WC entry fees for IOF guests and media representatives but they must still register, and pay the same accommodation and transport fees as team members. Information about entry to the spectator races is available from Ms Masumi TOMITA.

Payment should be made as follows in Japanese yen:

The Hamamatsu branch of the Bank of Dai-ichi kangyou
Account name: WC2000 JAPAN
Account number: 410-2052205

Deadlines for Entry and Payment

Payment of entry fees:	3rd March 2000
Nomination of team members:	3rd April 2000
Order of lunch:	24th March 2000
Payment of balance of accommodation:	On arrival at event centre
Payment of lunch fees:	On arrival at event centre

Late Entry

Acceptance of late entries are subject to the discretion of the organizer, and payment of late fee of 30% per person. The fees for entries notified after 14th January 2000 are as follows:

Competitors	¥ 12,000 per person
Officials	¥ 5,200 per person

Team entries

(9th February 2000)

	Nation		Men	Women	Officials	Men	Officials	Women	Total
1	Australia	AUS	3	3	?		?		6
2	Belgium	BEL	3	0					3
3	Canada	CAN	1	0					1
4	Denmark	DEN	6	3		2		0	11
5	Finland	FIN	6	6		4		0	16
6	France	FRA	3	3		3		0	9
7	Great Britain	GBR	6	6		3			15
8	Germany	GER	1	1		1		0	3
9	Japan	JPN	6	6		2		0	14
10	Norway	NOR	6	6		1		2	15
11	Polaand	POL	3	0		1		0	4
12	Russia	RUS	1	0		0		0	1
13	Sweden	SWE	6	6		4		0	16
14	Switzerland	SUI	4	5		0		1	10
Total			55	45		21		3	124

6. Organization

Organizer: Shizuoka Orienteering Association

Key personnel are: IOF Controller: David HOGG (AUS)
 Assistant Controller: Robert PLOWRIGHT (AUS)
 National Controller: Shin MURAKOSHI
 Assistant National Controller: Masayuki TASHIRO
 Event Director: Taro SAKAMOTO
 Technical Director: Takao NISHIO
 Course Planners: Yoshihide WAKUDA (Classic)
 and Hitoshi HIRAI (relay)
 Cartography: Kazushige HATORI and
 Kotaro NAKAMURA

Responsible for Media services is:

Mr Rentaro FUJITA fax: +81-(0)545-21-0039

Correspondence including entry should be directed to:

WC2000
c/o Ms Masumi TOMITA
3-6-6 Tokura, Mishima,
411-0044 JAPAN

fax: +81-(0)559-86-7669 e-mail: masumi@tokai.or.jp

General information about orienteering in Japan:

[http:// www.ipcs.shizuoka.ac.jp/~ehsmura/OinJapan.html](http://www.ipcs.shizuoka.ac.jp/~ehsmura/OinJapan.html)

A webpage for WC events 1 and 2 is available at:

[http:// www.orienteering.com/~wc2000jp](http://www.orienteering.com/~wc2000jp)

Train schedules (31th January 2000)

1. JRNarita Express

	Narita Airport	Airport Terminal 2
7	43	46
8	13 46	15 48
9	13 43	16 47
1 0	13	16
1 1	13	16
1 2	13	16
1 3	13	16
1 4	13 43	16 45
1 5	13 43	16 46
1 6	13 43	17 46
1 7	13 44	17 47
1 8	13 43	17 46
1 9	13 46	16 48
2 0	43	45
2 1	43	45
2 2		

2. JRAirport Narita

	Narita Airport	Airport Terminal 2
7	00	02
8	00	03
9	00	03
1 0	00	02
1 1	00 45	02 47
1 2		
1 3	00 45	02 47
1 4		
1 5	00	02
1 6	00	02
1 7	00	05
1 8	00	02
1 9	00	02
2 0	04	07
2 1	15	17
2 2	17	20

3 4. Keisei Skyliner & Morningliner (M- Morningliner)

	Monday to Friday	
	Narita Airport	Airport Terminal 2
7	M 49	51
8	M 32	35
9	25	28
1 0	5 45	8 48
1 1	25	28
1 2	5 45	8 48
1 3	25	28
1 4	5 45	8 48
1 5	25	28
1 6	4 40	6 42
1 7	3 31	5 34
1 8	5 44	7 46
1 9	20	23
2 0	5 45	8 47
2 1	22 58	25
2 2		01

	Saturday & Holiday	
	Narita Airport	Airport Terminal 2
7	M 45	47
8	M 45	47
9	25	28
1 0	5 45	8 48
1 1	25	28
1 2	5 45	8 48
1 3	25	28
1 4	5 45	8 48
1 5	25	28
1 6	5 40	8 42
1 7	3 31	5 34
1 8	5 44	7 47
1 9	21	23
2 0	5 45	8 48
2 1	22 58	25
2 2		01

Bus schedules (31th January 2000)

5. Airport limousine bus

Narita Airport	
6	45
7	05 25 45
8	10 35 50
9	00 10 20 40
1 0	00 20 35 45
1 1	00 30
1 2	00 10 20 30 50
1 3	00 10 25 35 45
1 4	00 10 25 35 45
1 5	00 10 20 30 40 50
1 6	00 15 30 40 50
1 7	00 15 30 40 50
1 8	00 15 30 45
1 9	00 15 40
2 0	00 10 15 30 45
2 1	00 15 45
2 2	15
2 3	00