



**ORIENTEERING
2010**

Borlänge Sweden
17th World University
Championship



**INTERNATIONAL
University Sports**

XVII World University Orienteering Championship

18-23 July 2010 Borlänge Sweden

Preliminary WUOC 2010 program

July 17	Saturday	Arrival and accreditation
July 18	Sunday	Arrival and accreditation
July 19	Monday	Model event
July 20	Tuesday	Long distance
July 21	Wednesday	Sprint
July 22	Thursday	Middle distance
July 23	Friday	Relay
July 24	Saturday	Departure

Information about terrain

Long distance



Terrain

Forested terrain almost entirely without tracks and with many marshes, both large and small.

Undulation

Medium to high undulations. The hilltops can be rich in detail but the slopes are relatively featureless.

Run-ability

Good to excellent run ability. Running speed is however partly restricted by the existence of blueberry and heather ground vegetation.

Middle distance

Moderately undulating typical Scandinavian forested terrain with a few small tracks.

There is mostly older coniferous vegetation with some regenerated parts. Mostly good run ability although there are some green and felled areas.

Relay

Moderately undulating sand-dune moraine with a network of tracks of varying size.

Mostly good run ability although there are some green and felled areas.

For further information visit www.wuoc2010.se or contact us at info@wuoc2010.se

ORGANIZERS



HÖGSKOLAN
DALARNA



Borlänge

Swedish University Sports Federation

The Swedish University Sports Federation (SAIF) organizes student championships in many different sports aimed at athletes at all levels. SAIF also arranges courses, conferences, leadership-training programmes and contacts and exchanges between member clubs.

On the international level, SAIF takes part in Universiades and organizes and participates in World University Championships.



SAIF also takes part in conferences, and its members are represented in international university sports bodies.

The former President of SAIF, Stefan Bergh, is currently Vice President of FISU. SAIF seeks to promote the values of Sport for All, gender equality and democracy in international university sport.

www.studentidrott.se

Högskolan Dalarna/Dalarna University

Dalarna University offers the perfect opportunity for those who want to seriously concentrate on sports and yet also be able to adapt their university studies to training and competition schedules. Here, you have the opportunity to create a complete programme with training and education, including the possibility for testing, research, and development.

Dalarna University is one of Sweden's more recent universities. It is situated in Dalarna, a very picturesque province, 200 km northwest of Stockholm.

The university currently has about 10,000 students. It is in the forefront of distance learning, with distance students located all over the world.

The centre for combining high performance sports with university studies started in 1985. It is a three-part cooperation between Dalarna University, the cities of Borlänge and Falun, and the National Sports Federations involved.

Dalarna University is the Swedish university that has achieved the most in development and cooperation between sports associations and schools. In 2008, the university had seven sports with seven employed coaches of highest rank and 81 elite athletes in Alpine skiing, Cross-country skiing,

Track and field, Orienteering, Ski orienteering, Triathlon and Cycling. Students from Dalarna University have won more than 75 international medals; Martin Johansson is our most recent winner.

The Dalarna University scheme for top athletes is a unique possibility for athletes who want to combine their sports careers with university studies.

The synergy effect of close cooperation between different sports disciplines has proved to be sensational.

Would you like to know more about the possibilities for combining studies and elite sports?

www.du.se/elitidrott

www.eas-network.eu





Scandic Hotel

The starting point of World University Championship 2010 will be the Scandic Hotel in Borlänge. The entire hotel will be at the disposal of the World University Championship participants for the duration of the event, and this is where you will find the competition headquarters, information, accreditation, and more. Accommodations for all of the competitors and the leaders will be offered here.

Scandic Hotel Borlänge is a relaxed meeting place for everyone. It is situated in the heart of the city, within walking distance of the train and bus station, just 10 minutes from the airport

and centrally located near all Borlänge attractions. There are 141 rooms, including single rooms, double rooms, family rooms and suites. All rooms have wooden floors, TVs with hotel movies, bath/showers and irons. The majority of the rooms have a hairdryer and wireless Internet access.

The restaurant, ranked one of the best in the city, offers a broad à la carte selection.

We know how important breakfast is for a good start to the day. You will find over 100 energizing breakfast options every morning – count them!

Facts about Borlänge

- Borlänge has a strong economy and a powerful labour market. Its population totals 47,000 residents. When daily commuters are added to this figure, the population jumps to 150,000.
- Borlänge is the home of a community with a focus on the future and with a stable industrial tradition as its foundation.
- In Borlänge, export giant SSAB, which is the leading steel sheet manufacturer in Scandinavia, and Stora Enso paper mill co-exist in harmony with about 3,000 active small companies – many in the field of information technology. With the construction of a new paper machine, Stora Enso just completed the largest industrial investment in Sweden to date.
- Borlänge is also the home of the Swedish Road Administration (Vägverket), the Swedish Rail Administration (Banverket) and Dalarna University (Högskolan Dalarna).



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