# World Trail Orienteering Championships 2006

# WTOC Bulletin 4

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# 1-1 Programme WTOC 2006

Day Sun July 9.	WTOC 2006 Arriving			Place
,	Info in WTOC event centre is open	15:00	21:00	Kaprakka
	Dinner	17:00	19:00	Kaprakka
Mon July 10.	Info in WTOC event centre is open	09:00	20:00	Kaprakka
	Breakfast Lunch	07:00 11:00	10:00 13:00	Kaprakka Kaprakka

	Transport from Kaprakka to model event	12:45		
	Model event	12:00	15:00	Honkalampi
	Transport from model	15:00	10.00	riorikalampi
	event back to Kaprakka	13.00		
	Dinner	16:00	18:00	Kaprakka
	Team Officials' Meeting	17:00	10.00	Kaprakka
	Transport from Kaprakka	18:30		Ναριακκα
	to Opening ceremony	10.50		
	Opening ceremony	19:10		Joensuu
	Transport from Opening	21:00		Joensuu
	ceremony to Kaprakka	21.00		
	ceremony to Kapiakka			
Tue July 11.	Info in WTOC event centre	07:30	8:30	Kaprakka
,	is open			
	Breakfast	07:00	10:00	Kaprakka
	Transport from Kaprakka	08:30		·
	to competition centre			
	1. competition	10:00	14:30	Lykynlampi
	Lunch	12:00	14:00	Lykynlampi
	Flowers ceremony	15:00		Lykynlampi
	Transport from	15:15		, , ,
	competition centre to			
	Kaprakka			
	Dinner	17:00	19:00	Kaprakka
	Team Officials' Meeting	18:00		Kaprakka
	Info in WTOC event centre	17:00	20:00	Kaprakka
	is open			·
Wed July	Info in WTOC event centre	07:30	8:30	Kaprakka
12.	is open			
	Breakfast	07:00	10:00	Kaprakka
	Transport from Kaprakka	08:30		
	to competition centre	00.00		
	2. competition	10:00	14:30	Pärnävaara
	Lunch	12:00	14:00	Pärnävaara
	Flowers ceremony	15:00	1 1100	Pärnävaara
	Transport from	15:15		ramaraara
	competition centre to	10.10		
	Kaprakka			
	Dinner	17:00	19:00	Kaprakka
	Transport from Kaprakka	18:30	10.00	rapranta
	to Prize giving ceremony	10.00		
	Prize giving ceremony	19.30		Joensuu
	Transport from Prize	20:30		oochodd
	giving ceremony to	20.00		
	Kaprakka			
	Closing and banquet	21:00	23:00	Kaprakka
	S.Soning and Sanquot	21.00	20.00	ιαριαιίια
Thu July 13.	Breakfast	07:00	10:00	Kaprakka
•	WTOC Clinic	09:00	12:00	•
	Departure			

# 1-2 Event centre

# The WTOC Event Centre will be located in the Kaprakka area.

The FinnOWeek Event Centre will be located in the city centre of Joensuu. A secondary school, place for event office, a restaurant, the team leader's meeting room, a media room equipped with internet access and possibly hard floor accommodation. The camping site will be located near Joensuu hippodrome in Mehtimäki Sport area. Opening and prize giving ceremonies will be held on the Main Square of the town Joensuu.

# 1-3 Competition rules for WTOC 2006

The World Trail Orienteering Championships 2006 will be organized in accordance with the Competition Rules of IOF Trail Orienteering Events valid 1<sup>st</sup> February 2006.

## 1-4 Classes and participation restrictions

Classes and participation restrictions are in accordance with the Competition rules: up to 3 competitors of any ability for WTO Championships, up to 3 eligible paralympic competitors for the WTO Paralympic Championship. Within the total of three competitors for each championship, one or more of the three Paralympic competitors may be entered for both championships. There is no limitation to the number of team officials per team.

Structure and participation WTOC 2006

Award of	Competition structure	Max number from each federation
WTO Champion	Result Day 1 + Day 2	3 of any ability
WTO Paralympic	Result Day 1	3 paralympic
champion		
National Paralympic	Result Day 2	3 paralympic (as selected for Day
Team Trophy	•	1), best 2 account

# 1-5 Competition and training areas

# **WTOC 2006**

# Competition and training areas



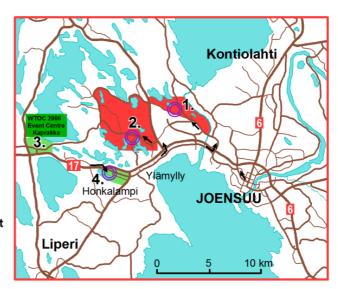
Competition areas:

- 1. Lykynlampi, 1.Day
- 2. Pärnävaara, 2.Day



Training areas:

- 3. Kaprakka
- 4. Honkalampi, Model Event



#### 1-6 Accreditation

The accreditation will be in WTOC event centre Kaprakka on Monday July 10<sup>th</sup> at 10:00-13:00 and 15:00-18:00.

## 1-7 Training opportunities

We have two maps for training a couple of days before the competition in Kaprakka and in Honkalampi (model event).

#### 1-8 Model Event

We have one model event, on Monday 10th July at 12:00-15:00 in Honkalampi. In the model event will be demonstrated the maps, procedure of timed controls and punching system. Transport from Kaprakka to model event will leave at 12:45 and from model event back to

Kaprakka at 15:00. Honkalampi is abt. 15 km from city of Joensuu towards Kuopio. If you arrive by own car, guidance to Honkalampi is from main road number 17.

# 1-9 General Instructions for Competitions

#### 1-9-1 Map details

Competition	Scale	Vertical counter interval	Area (Map)
Model	1:5000	2,5m	Honkalampi
<ol> <li>competition</li> </ol>	1:5000	2,5m	Lykynlampi
2. competition	1:5000	2,5m	Pärnävaara

Maps are drawn according to the International Specification for Sprint Orienteering Maps (ISSOM2005). The size of the maps is A4.

#### 1-9-2 Courses

Race	Length	Climb	Max. time allowed
Model	2,0 km	30 m	
1. competition	2,9 km	55 m	2 h 30 min
2. competition	2,4 km	40 m	2 h 15 min

Both of the competition courses include 14 controls plus 2 timed controls.

#### 1-9-3 Terrain descriptions

Visibility is mostly good in both terrains and varied from the typical Finnish coniferous forests to the younger deciduous forests. In both competitions there are a couple of steep but short sections requiring assistance. Assistance is arranged by organizator for these difficult parts of course.

The competition centre of Lykynlampi situates in the forest but has a good path network. At Lykynlampi approximately one third of the route is on soft-ground paths. The rest is well-going forest roads.

The competition area of Pärnävaara allows excellent access for disabled competitors also with the good path network. At Pärnävaara there are a few soft spots on the roads. However, primarily the route is well-going forest roads.

# 1-9-4 Team Officials' Meeting

Team Officials Meeting (TOM) for Day 1 will be held on Monday, July 10<sup>th</sup> at 17:00 – 18:00 and for Day 2 on Tuesday, July 11<sup>th</sup> at 18:00-19:00. Both of these meetings will held in Kaprakka, WTOC event centre. At the TOM, start number bibs, control cards, start lists and further official information will be distributed to the teams. Material will be available 15 minutes prior to the opening of TOM.

#### 1-9-5 Escorts

One escort per wheel chair competitor will be offered by the organizer in each event. If there is need to be accompanied by own special medical attendant, the written permission from IOF Event Advisor is needed.

# 1-9-6 Start Draws

The start draws for the WTOC competitions will be made according to the IOF competition rules, under the supervision of the IOF Event Advisors. There will be no public draw.

#### 1-9-7 Start Number Bibs

The start number bibs will be handed out at the Team Officials' Meetings. Competitors must wear the start number bib in all the competitions. The competitors with wheel chair must wear number bib on the front of the leg and the other competitors on the chest. Number bibs should not be folded or cut.

#### 1-9-8 Start, finish and timed controls

Competitors shall present themselves to the Pre-start 3 minutes before their appointed start time with their own control card. After that they will follow the instructions given by the Start Officials.

### Day 1:

There is the marked road from competition centre to pre-start. Guidance starts from Start Gate. The distance to pre-start is abt. 250 meters. The path to pre-start is narrow and soft terrain path with quite difficult access with wheelchair and therefore it has been arranged the car transport from competition centre to pre-start for competitors with wheelchair. Starting point for car transport is situated abt. 150 meters from the event centre. Transport to pre-start will leave at 9.30, 10.00 and 10.30.

Both of the timed controls are set before the Start. After the timed controls, competitors will be given a map and the NEW start time at the Start.

The total time for competition will be taken in pre-finish, where competitor will leave the competition card and map and continue by the marked route to main finish. Pre-finish is marked to the map by double circle.

#### The total time should not be exceed 2 h 30 min.

#### Day 2

Pre-start is situated in competition centre. The first timed control is set before Start. After the timed control, competitors will be given a map and the NEW start time at the Start. The second timed control is set at the end of the course.

The total time for competition will be taken in pre-finish and marked to the competition card. After that, the competitor will continue to the second timed control. In the second timed control the competitor will leave the competition card and map and continue by the marked route to the main finish.

# The total time should not be exceed 2 h 15 min.

The procedure of the timed controls will be demonstrated at the Model Event and explained at the Team Officials' Meeting as well.

The start interval is 2 minutes.

# 1-9-9 Punching Arrangement

The same punching arrangement as in WTOC 2005 will be used. Pin punches are placed a short distance in the exit direction from each control decision point. Competitors are required to punch their selection before passing on to the next control. The competitors will not be issued with their own punch. The procedure of the punching system will be demonstrated in the Model Event.

# 1-9-10 Refreshment points

There is a refreshment point with water in all races. It will be shown by a cup symbol on the map. The pure clean water will be provided. Please help yourself.

# 1-9-11 Returning of Competition Maps

Competition maps shall be collected at the finish. After all the competitors have been finished, you can pick up your map and the solutions from info at competition centre. After the WTOC competition public has opportunity to get familiar to WTOC courses. You will get the maps from the info in competition centre, at 6 euros fee.

# 1-9-12 Special note for competitors

Please note, that in the same time with WTOC 2006 there will be arranged World MTB Championships and Fin5 O-week. There will be lot of these competitors in the same area as well. BE CAREFUL!

#### 1-9-13 Toilets

Public toilets will be available at the assembly area. Toilets for disabled persons are also available.

#### 1-9-14 Medical Services

WTOC2006 will provide emergency medical services at the assembly areas in both competition days.

We have a central hospital in the city of Joensuu (tel +358 13 1711 or +358 13 1716000). Organizer is not bearing costs connecting to health insurance of participants. We recommend own health insurance. In case of emergency, please dial 112.

#### 1-9-15 Fairness

- do not try to get any information about the course and controls in advance
- do not discuss with any other team members in the course
- phones must be turned off during the competition course
- it is not allowed to use paths which are drawn with black symbol or paths which are marked with cross in the map and marked with line in terrain
- give priority to the wheelchairs

# 1-9-16 Complaints and Protests

Any complaint shall be made in writing and handed over to the organizer at the WTOC Arena Info as soon as possible. The complaint is adjudicated by the organizer and the complainant is informed about the decision immediately.

Complaints regarding the results shall be made no later than 15 minutes after publishing the official result list.

A written protest can be made against the organizers decision about a complaint.

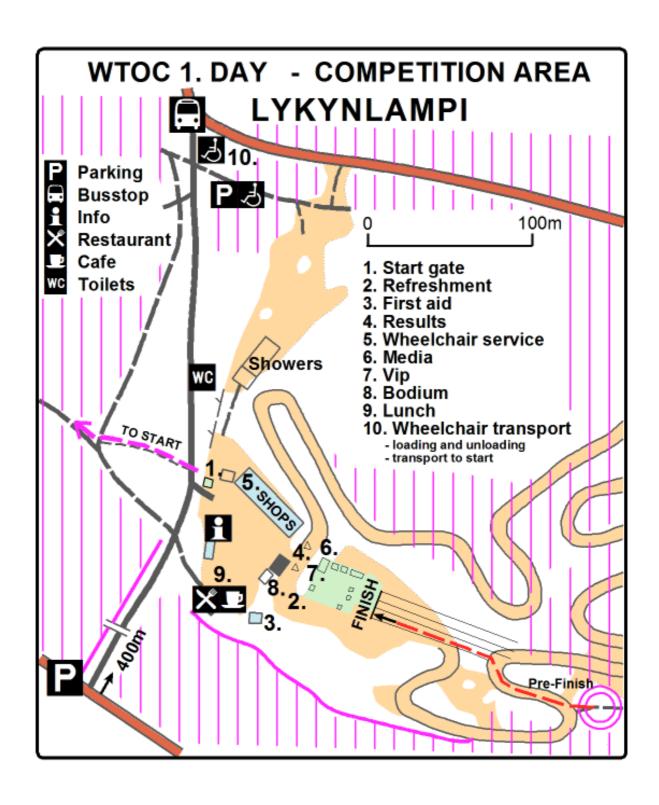
# 1-9-17 The Jury

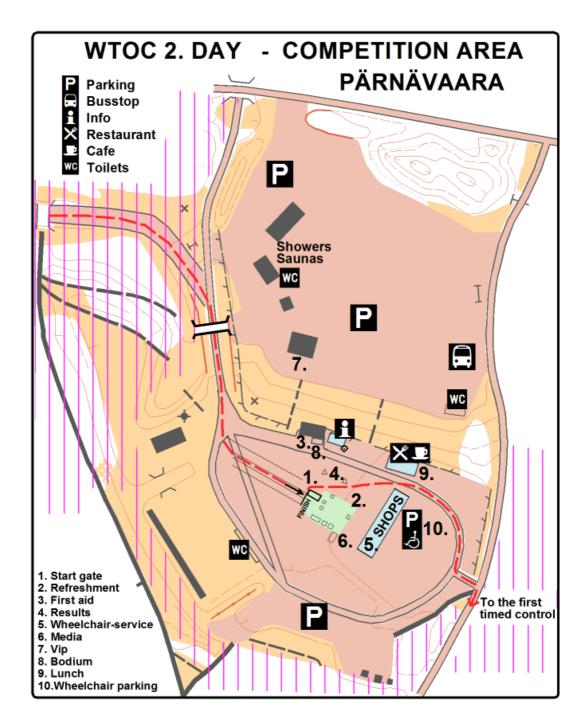
Dick Keighley -Great Britain Taro Koyama - Japan Evaldas Butrimas - Lithuania Peter Gehrmann – Germany, Chairman

#### 1-9-18 Anti Doping

Doping control is set in the competition centre at the both competition days.

# 1-9-19 Maps of competition centres





# 1-10 Instructions for Ceremonies

# 1-10-1 Opening Ceremony

The Opening Ceremony will be held on Monday July 10th at 19:30 in the main square of Joensuu town. Opening Ceremony will be held together with World MTB Championships. For further information see section 1.24 in MTB-WOC pages.

# 1-10-2 Flowering Ceremony

Flowering Ceremony will be held in competition centre at 15:00 on both competition days. All medalists are kindly asked to be at place at 14:50. Further information will be given then by organizator.

Day 1:. There will be flowered the medalists of World Paralympic champion.

Day 2: There will be flowered the medalists of World Champion and the best of National Paralympic Teams.

#### 1-10-3 Prize giving Ceremony

The Medal Ceremony will be held on Wednesday July 12th at 19:30 in the main square of Joensuu town together with World MTB Championships medal ceremony and Fin5 Orienteering week prize giving ceremony. Medals will be given for all the classes, World Paralympic Champion, World Champion and National Paralympic Teams.

## 1-10-4 Closing Ceremony and Banquet

The Closing Ceremony and Banquet will be held on Wednesday July 12th in Kaprakka after Medal Ceremony at 21:00-23:00.

#### 1-11 Transportation

Scheduled transportation from the FinnOWeek Event Centre and from Kaprakka (WTOC event centre) to all WTOC 2006 competition centres and vice versa will be available for all competitors, team officials, media services, IOF delegates and WTOC guests. It is allowed to use own cars to move to the events, but the organizers hope that the offered transportation will be used. The competition centres are situated 5-12 kilometres from the FinnOWeek Event Centre and 15 and 10 kilometres from the Kaprakka Event Center. Transportation from the arriving flights from Joensuu airport and trains from Joensuu railway station to the accommodation will be available.

Transport price: 30 euros / person / week (also with wheelchair)

Parking ticket for own cars: 10 euros / car / week

We can offer special discount for your individual rental arrangements. Please contact our official car rental Europear directly tel. + 358 403 062 444 or website: www.europear.fi/. Number of agreement 44306062 should be mentioned. They have their rentals in the airports.

#### 1-11-1 Transport schedule:

# Monday July 10th

Model event in Honkalampi

12:45 Kaprakka-Honkalampi 15:00 Honkalampi-Kaprakka

Opening ceremony in Joensuu

18:30 Kaprakka-Joensuu 21:00 Joensuu-Kaprakka

# Tuesday July 11th

1. competition in Lykynlampi

8:30 Kaprakka-Lykynlampi 15:15 Lykynlampi-Kaprakka

## Wednesday July 12th

2. competition in Pärnävaara

8:30 Kaprakka-Pärnävaara 15:15 Pärnävaara-Kaprakka Price giving ceremony in Joensuu

18:30 Kaprakka-Joensuu 20:30 Joensuu-Kaprakka

#### 1-12 Weather and climate

The first half of July is the best season in Finland when it comes to climate. The temperature during days varies between 15 – 25 degrees Celsius and nights 10 - 20 degrees Celsius. The days are mostly sunny or half cloudy. Sometimes there are short time rainfalls or thunder. You can find a link to internet weather cast at organizers' internet pages.

#### 1-13 Accommodation and food

We offer three alternative classes of accommodation for WTOC athletes and team officials in **the Kaprakka Rehabilitation Center**. Most of the offered accommodation is student apartments, where students are living during winters. The apartments include 1-3 bedrooms, a living room and a small kitchen.

The teams who have booked meals will get tickets for valid meals. Breakfast, lunch and dinner are served in the hotel restaurant and 11th and 12th July lunches in the restaurant of the assembly.

#### 1-14 Media services

The Media Centre will be located in the FinnOWeek Event Centre in the city centre of Joensuu. Media services and facilities are available there and in every competition centre. No entry fee for media..

# 1-15 Entry Status

		WTO		
Country	WTOC	Paralympic	Officials	Escorts
DEU	2	1	0	0
DNK	2	0	0	0
FIN	3	3	1	2
GBR	3	3	3	0
HKG	1	0	1	0
HRV	1	1	0	0
IRL	1	0	0	0
JPN	3	2	7	1
LTU	3	3	0	0
NOR	3	3	3	0
RUS	3	3	4	0
SVN	2	0	0	0
SWE	3	3	1	0
UKR	0	1	1	0
USA	3	0	0	0
15	32	23	21	3

# 1-16 Further information:

Tel. +358 440 526 432 fin5@kalevanrasti.fi

http://mtbwoc2006.orienteering.org/

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