

14th Japan Trail Orienteering Championships

April 27-28, 2019

Azumino JAPAN

Bulletin3 (Program)



Shinshu Flower Festival 2019
A gift from the Northern Alps

Organizer Japan Orienteering Association

Co-Organizer Shinshu Flower Festival 2019

Supervisor Nagano Orienteering Association

Competition Supervisor The 14th Japan Trail Orienteering Championships Executive Committee

Cooperator Trail Orienteering Association

Greeting

Japan Orienteering Association
President Tetsuro Yamanishi



山野の自然の万物が、光一杯浴びる春のなかで、14 回目の全日本トレイル・オリエンテーリング選手権大会を参加者の皆様とともに自然豊かな国営アルプスあづみの公園で迎えることになりました。

トレイル・オリエンテーリングは障がい者でもオリエンテーリングはできないかという発想で 1990 年代にオリエンテーリングの一つの種目として始まりました。しかし、今日は単に障がい者だけではなく、健常者も同じコースと一緒に競い楽しむユニファイド・スポーツの先駆けとなって広がってきました。

自然に囲まれつくられたコースを体力と精神力、そして、それ以上に巧みなスキルを駆使して競うことは、みんなのスポーツの本質と意義であるだけに、より人間的なスポーツ文化としてもっと多くの人たちに伝えていくことが本大会のねらいでもあります。

この大会の開催にあたって、協力、支援をいただいた地元関係者や主催者の方々に感謝とお礼を申し上げます。

では、平成から令和への時代のつながりに、新しい未来のトレイル・オリエンテーリングを育む大会にしていきたいと思います。

最後に、信州の歌人藤村の詩で皆様に声援を送ります。

**春は来ぬ。霞や雲よ 動きいで 氷れる空をあたためよ
花の香 送る春風よ 眠れる山を吹き覚ませ**

On the occasion of the 14th All Japan Trail Orienteering Championships

Nagano Orienteering Association
President Takashi Biyajima



長野県初となる全日本トレイル・オリエンテーリング選手権大会を開催するにあたり、関係各位の皆様には厚く御礼申し上げます。

トレイル・オリエンテーリングは四つのオリエンテーリング（フット、スキー、MTB、トレイル）のなかでも、日本ではまだなじみの薄い種目ですが、地図読みのスキルと現地の解釈の精度を競うことから健常者も障がいのある方も楽しんでいただける競技です。

信州花フェスタ 2019 様に共催いただき、車イスでの走行に配慮された国営アルプスあづみの公園、鳥川溪谷緑地で開催されることは誠に喜ばしいことであり、これを機に長野県内での普及・発展の一助になるものと確信いたします。

選手の皆様のご検討をお祈りいたし、ご挨拶とさせていただきます。

The 14th All Japan Trail Orienteering Championships

Event Date **April 27 -28, 2019**

Event Center **Alps Azumino National Government Park**
 Horigane & Hotaka Region management Center



Schedule

April 27 Saturday : TempO		April 28 Sunday : Pre-O	
10:00-13:00	Reception	8:00-10:30	Reception
11:30	Opening ceremony	9:20	Start bus operation start
12:00	Start bus operation start	10:30	Start
13:00	Start	14:30	Prize Giving (TempO・Pre-O)
17:00	Close the event center	16:00	Close the event center

Event Office Phone Number **090-3333-0893** (Keishi Kimura)

1 Access to Event Center (2days)

Event Center

Alps Azumino National Government Park

Horigane & Hotaka Region management Center

Address : 33-4 Horiganekarasugawa, Azumino city, NAGANO

<https://www.google.co.jp/maps/@36.313863,137.8428556,16z>

By Car It takes 20 minutes from Azumino Interchange (Nagano Highway)



By Train

It takes 20 minutes from TOYOSHINA station. (JR Oito-Line)

We provide shuttle bus from TOYOSHINA station. It needs reservation with event entry.

Participants of the tournament may only board without reservation if there is space available on the shuttle bus.

It is also possible to use a taxi from Toyoshina Station.

会場の間違いに注意してください

The "National Alps Azumino Park" is roughly divided into two parts, 15km away.

The place where the main event will be held is "National Alps Azumino Park Horigane / Hotaka area".

It is not "National Alps Azumino Park Omachi / Matsukawa area".

Arrival by Train (From Tokyo)

Shinjuku Dep.	Chuo East Line	Matsumoto Arrival	Matsumoto Dep.	Oito Line	Toyoshina Arrival	27 April	28 April
			8:16	Local	8:38	-	Bus
			9:20	Local	9:43	Bus	-
7:00	Azusa 1	9:38	9:54	Local	10:14	Bus	-
7:15	Azusa 51	10:19					
7:30	Azusa 3	10:23	10:27	Azusa 3	10:39	Bus	-
8:00	Azusa 5	10:37	11:20	Local	11:39	Bus	-
8:02	Azusa 53	11:20				-	-
9:00	Azusa 7	11:39	12:20	Local	12:40	-	-

Arrival by Train (From Nagoya)

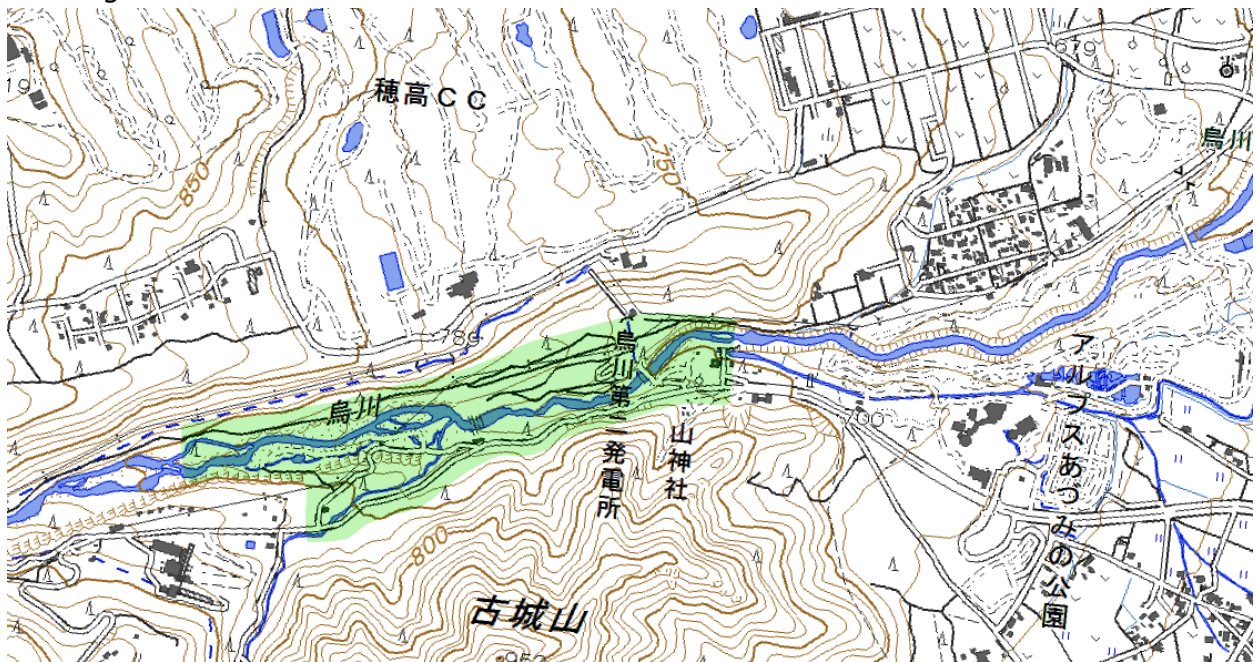
Nagoya Dep.	Chuo West Line	Matsumoto Arrival	Matsumoto Dep.	Oito Line	Toyoshina Arrival	27 April	28 April
			8:16	Local	8:38	-	Bus
			9:20	Local	9:43	Bus	-
7:00	Shinano 1	9:08	9:54	Local	10:14	Bus	-
8:00	Shinano 3	10:06	10:27	Azusa 3	10:39	Bus	-
9:00	Shinano 5	11:04	11:20	Local	11:39	Bus	-
10:00	Shinano 7	12:04	12:20	Local	12:40	-	-

Departure by Train (From ToyoshinaStation to Matsumoto)

Toyoshina Dept.	Oito Line	Matsumoto Arrival	27 April	28 April
14:53	Local	15:13	-	Bus
15:29	Azusa 26	15:46	Bus	Bus
16:02	Local	16:25	Bus	Bus
16:33	Local	16:55	Bus	Bus
17:11	Local	17:31	Bus	Bus
17:52	Local	18:12	Bus	-

2 Informations of Competitions (2days)

(1) Embargo Aria



Competitors are prohibited from entering the Karasugawa Valley Waterfront Park before the Competitions. (Green area) Karasugawa Valley Waterfront Park, prefectural road No.495 prohibits walking on foot. Traffic by vehicle is not prohibited. Please access the hot spring facility "Horiday Yu" by vehicle.

(2) Electronic device use prohibition information

Mobile phones, smart phones, tablets, PCs, and other communication devices are not allowed in the course. Please report to the receptionist if you need to bring it in. You may be disqualified if you know that you will be brought in without prior notification.

(3) Official Informations

It will be installed near the reception in the hall. Please check before the competition.

(4) Technical Mode

Establish a technical model to check the competition system.

If you experience it, please experience it before your start time.

Technical model stations will be installed in front of the event center.

There are no officers. If you need timekeeping, please use self-timekeeping.

The accuracy of the map, the position of the flag, the tendency of the task, and the degree of difficulty may differ from the actual course.

There are no training courses.

(5) First Aid Station

There is no first aid station in the terrain. Please notify the officers at the station if you need

help. We will prepare emergency supplies at the eventcenter (reception).

There is no water supply control. Vending machines in the starting area are available.

(6) Terrein Information

The competition area will be held in the Karasugawa Valley Waterside Park for both competitions.

The competition area is an environment surrounded by the roar of water. Because of this time control, the method of answering with TempO uses point method. Speak method is not used.

The Karasugawa Valley Waterside Park is a city park run by Nagano Prefecture, for the purpose of preserving and utilizing diverse natural environments such as flora and fauna growing along the Karasugawa Valley that originates from the Northern Alps Mt.Jonen and Mt-Chogatake. is. The Karasugawa flows in the terrain, and there is ample water supply during the thaw season. The Karasugawa Valley Park is maintained as a barrier-free park, and there is a parking lot for disabled people, a multipurpose restroom, and a wheelchair-friendly park road. It is a sub hall of Shinshu Flower Festival 2019, and this competitions are also held as a project of Shinshu Flower Festival 2019.

Do not be surprised or give food if you encounter a wild monkey, an antelope.

Late April is a season of wild birds, and many wild bird photographers who shoot this come to the park.

(7) Competition cancellation policy

The executive chairperson will make the final decision on the spot.

Even if the competition is canceled, no notification will be given to each participant. We will only make announcements locally. We will respond when there are individual inquiries by phone.

Criteria for discontinuation judgment: When a weather warning has been issued to Azumino City.

Even if the competition is discontinued, there is no refund for the entry fee.

(8) Disclaimer

Competitors should participate in good health. In the event of an accident etc., we do not assume any responsibility other than first aid in the scope of injury insurance that the organizer has subscribed to and in the field.

The event may be canceled due to bad weather, natural disasters, etc. At that time, the participation fee can not be refunded.

The right to use the video and photos of the event to media such as radio, television, newspaper and the homepage of the organizer belongs to the organizer.

The organizer is not responsible for any accidents or thefts at the venue.

(9) The 14th All Japan Trail Orienteering Championships Executive Committee

Honorary President Tetsuro Yamanishi (President of Japan Orienteering Association)

Honorary Vice-President Takashi Biyajima (President of Nagano Orienteering Association)

Chairman	Keishi Kimura (Nagano Orienteering Association)
Competition manager	Koji Chino (Japan Orienteering Association Trail-O Committee)
Administrator	Yoshikazu Matsushima (Miraiz Corporation)
Course planner	Koji Chino (Japan Orienteering Association Trail-O Committee)
Event Advisor	Taro Koyama (Japan Orienteering Association Trail-O Committee)

3 TempO (April 27) Competition Information

- (1) Competition : Trail-O (TempO)
 (2) Competition rules : Japan Trail Orienteering Competition Rule (Jun 17,2012)
 (3) Classes, Distance, Tasks

Class	Distance	Climb	Tasks, Time limit
Para-lympic-A Open-A	600m	10m	5 tasks x 5 stations Time limit 150sec. (each stations) (There may be no correct control)
Open-B	600m	10m	3 tasks x 5 stations Time limit 90sec. (each stations) (No correct answer No Control)

Para-lympic-A (handicapped, Expert)

Open-A (General, Expert)

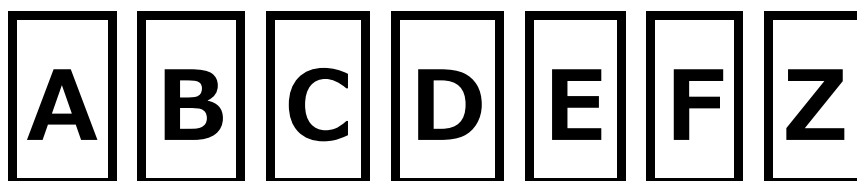
Open-B (General, Intermediate)

- (4) Map

Standard	JSSOM2007
Scale	1:4,000
Contour Interval	2m
Perspective	3 level
Position explanation	JSCD2008
Size	A5 landscape
Water resistant	Yes
Loose or Binded	Binded only The cover and the map for each task are divided, waterproofed, and stacked in order. Drill holes in the upper two places in the loose state, each through a ring.

- (5) Answer method

Point or Speak	Point Only One of A, B, C, D, E, F, and Z is indicated. For each answer, the first letter pointed to is the answer.
Point Sheet	Sheet Size :A3



4 TempO (April 27) Program

9:30–17:00 Alps Azumino National Government Park Enter

Business hours are from 9:30 to 17:00.

Participants and supporters of the competition, please pass ticket to the staff and enter.

After passing through the entrance gate of the Alps Azumino Park, follow the directions to the venue (in the Park Management Center building).

10:00–12:30 Reception (Event Center)

Please receive your ID card and control card.

Be sure to wear your ID card on your neck.

Open-B	: Yellow strap ID card
Para-lympic-A / Open-A	: Green strap ID card
Supporter (supporter)	: Blue strap ID card

If you have time until the departure time of the starting bus, please enjoy the walk in the Alps Azumino Park. The Alps Azumino Park is also a sub venue for Shinshu Flower Festival 2019.

11:30 Opening ceremony (Event Center)

The organizer will give the opening declaration and a welcome message.

12:00- Start bus transportation

We will carry out bus transportation to the Karasugawa Valley Park, which will be a competition terrain.

Prepare for the competition and head for the start bus stop.

If you do not have an ID card, you can not get on the bus.

Event Center → (5 minutes by walk) → Bus stop of Alps Azumino Park

Bus stop of Alps Azumino Park → (bus ride 5 minutes) → Start bus stop

Expected departure time of bus 12:00 / 12:30 / 13:00 / 13:30 / 14:00 / 14:30

Start bus stop → (2 minutes on foot) → Start area

We will set up a rain protection tent in the start area.

There is a multipurpose restroom in the start area.

There is a vending machine for drinks in the start area.

There is a clock in the start area.

13:00-15:30 Start (Karasugawa Valley Park)

(1) Please arrive one minute before the start time specified in the start list.

- (2) When it is your start time, please follow the instructions of the staff and head for the station 1 station.
- (3) If you are late for the start time, please start after the last starter.
- (4) The start closing time is 15:30. You can not start after this.
- (5) There is no penalty if you are late for the start time. This is a consideration for those who are late due to traffic jams on consecutive holidays. Please do not be late on purpose.

During the competition (Karasugawa Valley Park)

- (1) Move between stations

Move between stations along to the red-white streamer. Go to the waiting area in front of the station.

Access is prohibited except for guided routes. If entry is found, you may be disqualified.

Please wait at the waiting place until instructed by the staff.

- (2) At the waiting place

Please wait on the spot until instructed by the staff.

Please be quiet at the waiting place.

However, conversations other than exchanging information on competitions are not conducted only when the waiting time is long. It is a measure to reduce the competitor's stress. Even in that case, please refrain from loud conversations. We ask for your cooperation, as it may interfere with the competition of the participants during the competition and may cause problems around you.

Head to the station if instructed by the staff.

As a general rule, go from the standby station to the station. Please follow the guidance guide map and instructions given by the staff.

- (3) At the station

When you arrive at the station, please give a control card to the staff and sit in the chair. Answer method is point method. (Point method: Answer method by pointing alphabet letters)

The map is passed. Make sure that the rightmost numbers are in order. Do not turn the cover yet.

The organizer will indicate the number and position of the flag.

The competition starts (clocking starts) at the same time as the organizer's "Time Start Now" call. Please turn over the cover yourself and start the competition.

The time limit is 150 seconds per station. (A-class)

The time limit is 90 seconds per station. (B-class)

Please answer one question at a time. 1 each time the task is over, I will turn over the map and answer in turn.

It is prohibited to refer to maps other than the one you are currently solving (the map of the previous task and the map of the previous task). If you refer to another task map, the

task you are solving at that time will be treated as an incorrect answer.

At 20 seconds before the time limit, the organizer will say "20 seconds left".

Tasks that can not be answered within the time limit will be treated as a wrong answer.

Every station will be clocked from the start of the competition to the end of the final assignment. The time required for that station (150 / 90 seconds if all questions have not been answered within the time limit) and the number of seconds added for 30 seconds per 1 incorrect answer will be the competition results at that station.

(The final grade is higher for those with less total seconds on all stations.)

When the competition at the station is over, receive a control card from the organizer and follow the guidance of the organizer and the red-and-white streamer to the next station (the finish at the final station).

The finish closing time is not specified, but please move to the station promptly. Please cooperate in smooth competition management.

Finish (Karasugawa Valley Park)

When finished, please submit a control card to the finish organizer.

There is a wheelchair accessible restroom at the finish.

The finish point and the event center are far away. Please move in the following way.

Para-lympic-A	Transport by car from the finish point to the venue.
Open-A/B	Please walk from the finish to the event center. Distance 1.0km (15 minutes by walk) Please move along the route indicated on the guide map distributed at the finish point.

Please move with your ID card attached until you return to the event center after the finish. In the middle of the move, you will enter the Alps Azumino Park, but you will be able to pass an ID card at that time.

-17:00 Event Center

After the competition, we will distribute the correct answer sheet at the event center. Please receive one copy per person if necessary.

Bulletins of the competition results will be posted on the event center.

The award ceremony for the TempO competition will be held the next day (April 28) in conjunction with the Pre-O competition.

The event center is closed at 17:00.

5 TempO (April 27) Start List

ID	Start	Class	Name	氏名	所属	競技者番号
101	13:00	Open-B	Ayane Takehara	竹原 綾音	中大附属高 WILDLIFE	202-13-003
102	13:02	Open-B	Misaki Eguchi	江口 岬	中大附属中 WILDLIFE	
103	13:04	Open-B	Kyoko Yamada	山田 京子	入間市 OLC	266-11-001
104	13:06	Open-B	Isamu Tamura	田村 勇眸	中大附属高 WILDLIFE	102-13-023
105	13:08	Open-B	Chiharu Utunomiya	宇都宮 千遼	中大附属中 WILDLIFE	
106	13:10	Open-B	Minako Narita	成田 美奈子	入間市 OLC	255-11-001
107	13:12	Open-B	Rena Ogasawara	小笠原 鈴奈	中大附属中 WILDLIFE	
108	13:14	Open-B	Ryoji Igura	居蔵 亮志	中大附属中 WILDLIFE	104-13-008
109	13:16	Open-B	Ami Choi	蔡 麗欣		
110	13:18	Open-B	Ryosuke Teramura	寺村 涼介	中大附属中 WILDLIFE	104-13-007
111	13:20	Open-B	Ritu Takagi	高木 律月	中大附属中 WILDLIFE	
112	13:22	Open-B	Masahiro Yamaguchi	山口 雅裕	杏友会	
113	13:24	Para-lympic-A	Nobuyuki Takayanagi	高柳 宣幸	港南 OLC	141-14-300
114	13:26	Open-A	Noritoshi Matsushashi	松橋 徳敏	つまい OLC	159-23-100
115	13:28	Open-A	Masaaki Kobashi	小橋 昌明	春日部 OLC	188-11-263
116	13:30	Open-A	Masaharu Umebayashi	梅林 正治	多摩 OL	163-13-049
117	13:32	Open-A	Yoshio Nakao	中尾 吉男	杏友会	
118	13:34	Open-A	Sumire Takatsu	高津 寿三鈴	Club 阿闍梨	271-14-382
119	13:36	Open-A	Takeo Onishi	大西 健夫	ソニー-OLC	191-13-002
120	13:38	Open-A	Tsuyoshi Ban	伴 毅	京都 OLC	189-26-211
121	13:40	Open-A	Tatsuyoshi Koizumi	小泉 辰喜	東京 OL クラブ	164-14-014
122	13:42	Open-A	Yusuke Okubo	大久保 裕介	ES 関東クラブ	174-13-261
123	13:44	Open-A	Haruhiko Tsuchiya	土屋 晴彦	愛知 OLC	154-23-026
124	13:46	Open-A	Toru Tanaka	田中 徹	京葉 OL クラブ	158-12-001
125	13:48	Open-A	Kwon Oh Sam	Kwon Oh-Sam	韓国	
126	13:50	Open-A	Kiyoshi Ito	伊藤 清	ワンダラーズ	144-14-007
127	13:52	Open-A	LIANG Chi Hang	LIANG Chi Hang	Orienteering Seeds	
128	13:54	Open-A	Masatoshi Arai	荒井 正敏	多摩 OL	155-13-051
129	13:56	Open-A	Yuko Uematsu	植松 裕子	入間市 OLC	250-10-062
130	13:58	Open-A	Kazuki Goto	後藤 和樹	一橋大学	196-12-810
131	14:00	Open-A	Shota Tanaka	田中 翔大	練馬 OLC	194-13-833
132	14:02	Open-A	Siu Tong Lam	林 兆堂		
133	14:04	Open-A	Masaru Nakayama	中山 勝	春日部 OLC	141-11-004
134	14:06	Open-A	Masamichi Onishi	大西 正倫	杏友会	194-13-814
135	14:08	Open-A	Kentaro Iwata	岩田 健太郎	つまい OLC	192-23-242
136	14:10	Open-A	Ryota Hirayama	平山 遼太	京葉 OL クラブ	195-12-001

137	14:12	Open-A	Shyh Bin Lin	林 士斌	台灣定向運動協會	
138	14:14	Open-A	Hiroaki Okamoto	岡本 洸彰	OLC 東海	196-23-818
139	14:16	Open-A	Takashi Fuju	藤生 考志	東京 OL クラブ	169-13-018
140	14:18	Open-A	Atsushi Takahashi	高橋 厚	多摩 OL	130-13-297
141	14:20	Open-A	Lanfeng Chang	張 嵐逢	台灣定向運動協會	
142	14:22	Open-A	Kunihiko Tano	田濃 邦彦	静岡 OLC	175-22-401
143	14:24	Open-A	Chung Pu Chin	金 崇樸	台灣定向運動協會	
144	14:26	Open-A	Haruo Kimura	木村 治雄	入間市 OLC	166-11-191
145	14:28	Open-A	Yu Ting Chin	金 鈺庭	台灣定向運動協會	
146	14:30	Open-A	Karin Nemoto	根本 夏林	サンスーシ	196-13-873
147	14:32	Open-A	Yung Chang Hsu	許 永昌	台灣定向運動協會	
148	14:34	Open-A	Shoji Ohta	大田 将司	一橋大学/練馬 OLC	196-13-810
149	14:36	Open-A	Tomohiro Enoki	榎 智弘	入間市 OLC	194-13-801
150	14:38	Open-A	Masahide Fukuda	福田 雅秀	川越 OLC	163-11-098
151	14:40	Open-A	Ryo Hotta	堀田 遼	トータス	190-23-209
152	14:42	Open-A	Norihiro Suzuki	鈴木 規弘	多摩 OL	157-13-041
153	14:44	Open-A	Tak Kun Li	李 徳根	香港野外定向会	
154	14:46	Open-A	Kiwami Kobashi	小橋 至	浜松 OLC	143-22-505
155	14:48	Open-A	Masayuki Tashiro	田代 雅之	静岡 OLC	165-22-501
156	14:50	Open-A	Hideo Okano	岡野 英雄	愛知 OLC	141-23-016
157	14:52	Open-A	Seiichi Sato	佐藤 清一	入間市 OLC	153-11-276
158	14:54	Open-A	Hiroshi Utsumi	内海 洋	宮崎県協会	164-45-701
159	14:56	Open-A	Hiroshi Tanaka	田中 博	入間市 OLC	141-11-040
160	14:58	Open-A	Toshifumi Yoshimura	吉村 年史	福岡県協会	172-40-022
161	15:00	Open-A	Tadashi Ebisawa	海老沢 正	入間市 OLC	150-11-031
162	15:02	Open-A	Mitsumasa Sugimoto	杉本 光正	ES 関東クラブ	163-13-090
163	15:04	Open-A	Kazuki Koike	小池 一輝	杏友会	196-13-839
164	15:06	Open-A	Tomohiro Hashimoto	橋本 知明	ES 関東 C	193-23-101
165		Supporter	Hiroyuki Okazaki	岡崎 弘幸	中大附属高 WILDLIFE	
166		Supporter	Takako Takayanagi	高柳 陽子		
167		Supporter	Kiyomi Suzuki	鈴木 清美	多摩 OL	
168		Supporter	Yoko Tanaka	田中 洋子	入間市 OLC	

6 Pre-O (April 28) Competition Information

(1) Competition : Trail-O (Pre-O)

(2) Competition rules : Japan Trail Orienteering Competition Rule (Jun 17,2012)

(3) Classes, Distance, Tasks

Class	Distance	Climb	Controls	Time Limit	Time Control
Para-lympic-E Open-E	600m	10m	20	80 minutes	1 Station/ 3Tasks
Open-A	600m	10m	18	75 minutes	1 Station/ 3Tasks
Open-B	600m	10m	12	55 minutes	1 Station/ 3Tasks

Para-lympic-E (handicapped, Championship)

Open-E (General, Championship)

Open-A (General, Expert)

Open-B (General, Intermediate)

(4) Map

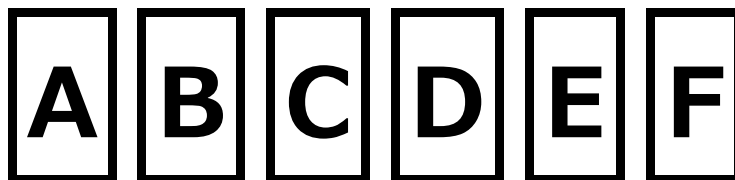
Standard	JSSOM2007
Scale	1:4,000
Contor Interval	2m
Perspective	3 level
Position explanation	JSCD2008
Size	A4 landscape
Water resistant	Polyethylene bag

(5) Time Control Map

Standard	JSSOM2007
Scale	1:4,000
Contor Interval	2m
Perspective	3 level
Position explanation	JSCD2008
Size	A5 landscape
Water resistant	Yes
Loose or Binded	Binded only The cover and the map for each task are divided, waterproofed, and stacked in order. Drill holes in the upper two places in the loose state, each through a ring.

(6) Time Control Answer method

Point or Speak	Point Only One of A, B, C, D, E, F, and Z is indicated. For each answer, the first letter pointed to is the answer.
Point Sheet	Sheet Size :A3



7 Pre-O (April 28) Program

8:00–17:00 Alps Azumino National Government Park Enter

The opening hours of the Alps Azumino Park are from 9:30 to 17:00.

Only regular participants and supporters can enter at 8:00.

After passing through the entrance gate of the Alps Azumino Park, follow the directions to the event center.

8:00–10:30 Reception (Event Center)

Please receive your ID card and control card.

Be sure to wear your ID card on your neck.

Open-B:	Yellow strap ID card
Open-A:	Green strap ID card
Para-lympic-E / Open-E:	Red strap ID card with
Supporter (supporter):	Blue strap ID card

9:00- Start bus transportation

We will carry out bus transportation to the Karasugawa Valley Park, which will be a competition terrain.

Prepare for the competition and head for the start bus stop.

If you do not have an ID card, you can not get on the bus.

Event Center → (5 minutes by walk) → Bus stop of Alps Azumino Park

Bus stop of Alps Azumino Park → (bus ride 5 minutes) → Start bus stop

Expected departure time of bus 9:20 / 9:40 / 10:00 / 10:20 / 10:40 / 11:00

Start bus stop → (2 minutes on foot) → Start area

We will set up a rain protection tent in the start area.
 There is a multipurpose restroom in the start area.
 There is a vending machine for drinks in the start area.
 There is a clock in the start area.

10:30- Start (Karasugawa Valley Park)

- (1) Please arrive one minute before the start time specified in the start list.
- (2) Please start when your start time is reached.
 The start time will be notified by radio clock and start chimer.
- (3) Pick up your map at the same time as the start.
- (4) If you are late for the start time, please start after the last starter.
- (5) The start closing time is 12:00. You can not start after this.
- (6) There is no penalty if you are late for the start time. This is a consideration for those who are late due to traffic jams on consecutive holidays. Please do not be late on purpose.

Finish (Karasugawa Valley Park)

When finished, please submit a control card to the finish organizer.

The finish point and the event center are far away. Please move in the following way.

Para-lympic-E	Please move along the route indicated on the guide map distributed at the finish point. There is a barrier-free restroom 200 meters from the finish point. We transport vehicles from the front of the barrier-free restroom to the event center.
Open-E/A/B	Please move by walk from the finish to the event center. Distance 2.0 km (30 minutes by walk) Please move along the route indicated on the guide map distributed at the finish point. There is a barrier-free restroom 200 meters from the finish. Please wait at the barrier-free restroom until the time when everyone's start is over. This is to avoid communication with the players before the start.

Even after the competition, please move with the ID card attached until you return to the event center. In the middle of the move, you will enter Alps Azumino Park, but you will be able to pass an ID card at that time.

-16:00 Event Center

After the competition, we will distribute the correct answer sheet at the venue. Please receive one copy per person if necessary.

Bulletins of the competition results will be posted on the event center.

The event center will be closed at 16:00.

14:30 Prize giving ceremony

The awards will be made in the order of TempO, Pre-O.

Award object: Top 3 in each class

Pre-O Para-lympic-E: The Japanese championship who has the best score among the Japanese competitors.

Pre-O Open-E: The Japanese championship who has the best score among the Japanese competitors.

8 Pre-O (April 28) Start List

ID	Start	Class	Name	氏名	所属	競技者番号
201	10:30	Open-E	Masaru Nakayama	中山 勝	春日部 OLC	141-11-004
202	10:31	Open-E	Yu Ting Chin	金 鈺庭	台灣定向運動協會	
203	10:32	Open-A	Haruhiko Tsuchiya	土屋 晴彦	愛知 OLC	154-23-026
204	10:33	Open-E	LIANG Chi Hang	LIANG Chi Hang	Orienteering Seeds	
205	10:34	Open-B	Ryosuke Teramura	寺村 涼介	中大附属中 WILDLIFE	104-13-007
206	10:35	Open-E	Masatoshi Arai	荒井 正敏	多摩 OL	155-13-051
207	10:36	Open-E	Shyh Bin Lin	林 士斌	台灣定向運動協會	
208	10:37	Open-A	Tadashi Ebisawa	海老沢 正	入間市 OLC	150-11-031
209	10:38	Open-E	Ryota Hirayama	平山 遼太	京葉 OL クラブ	195-12-001
210	10:39	Open-B	Ami Choi	蔡 麗欣		
211	10:40	Open-E	Atsushi Takahashi	高橋 厚	多摩 OL	130-13-297
212	10:41	Open-E	Kwon Oh Sam	Kwon Oh-Sam	韓国	
213	10:42	Open-A	Kunihiko Tano	田濃 邦彦	静岡 OLC	175-22-401
214	10:43	Open-E	Takeo Onishi	大西 健夫	ソニー-OLC	191-13-002
215	10:44	Open-B	Takagi Ritu	高木 律月	中大附属中 WILDLIFE	
216	10:45	Open-E	Shota Tanaka	田中 翔大	練馬 OLC	194-13-833
217	10:46	Open-E	Norihiro Suzuki	鈴木 規弘	多摩 OL	157-13-041
218	10:47	Open-A	Seiichi Sato	佐藤 清一	入間市 OLC	153-11-276
219	10:48	Open-E	Takashi Fujii	藤生 考志	東京 OL クラブ	169-13-018
220	10:49	Open-B	Kyoko Yamada	山田 京子	入間市 OLC	266-11-001
221	10:50	Open-E	Hiroaki Okamoto	岡本 洸彰	OLC 東海	196-23-818
222	10:51	Open-E	Kentaro Iwata	岩田 健太郎	つるまい OLC	192-23-242
223	10:52	Open-A	Kazuki Koike	小池 一輝	杏友会	196-13-839
224	10:53	Open-E	Tak Kun Li	李 德根	香港野外定向会	
225	10:54	Open-B	Ayane Takehara	竹原 綾音	中大附属高 WILDLIFE	202-13-003
226	10:55	Open-E	Lanfeng Chang	張 嵐逢	台灣定向運動協會	
227	10:56	Open-E	Shoji Ohta	大田 将司	一橋大学/練馬 OLC	196-13-810
228	10:57	Open-A	Sumire Takatsu	高津 寿三鈴	Club 阿蘭梨	271-14-382
229	10:58	Open-E	Masahide Fukuda	福田 雅秀	川越 OLC	163-11-098
230	10:59	Open-B	Masahiro Yamaguchi	山口 雅裕	杏友会	
231	11:00	Open-E	Masaaki Kobashi	小橋 昌明	春日部 OLC	188-11-263
232	11:01	Open-E	Yung Chang Hsu	許 永昌	台灣定向運動協會	
233	11:02	Open-A	Hiroaki Sano	佐野 弘明	小松 OLC	160-17-037
234	11:03	Open-E	Masayuki Tashiro	田代 雅之	静岡 OLC	165-22-501
235	11:04	Open-B	Ryoji Igura	居蔵 亮志	中大附属中 WILDLIFE	104-13-008

236	11:05	Para-lympic-E	Yoshihito Takahashi	高橋 義人	多摩 OL	133-13-140
237	11:06	Open-E	Yusuke Okubo	大久保 裕介	ES 関東クラブ	174-13-261
238	11:07	Open-A	Yuko Uematsu	植松 裕子	入間市 OLC	250-10-062
239	11:08	Open-E	Mitsumasa Sugimoto	杉本 光正	ES 関東クラブ	163-13-090
240	11:09	Open-B	Yoko Tanaka	田中 洋子	入間市 OLC	243-11-039
241	11:10	Open-E	Hiroshi Utsumi	内海 洋	宮崎県協会	164-45-701
242	11:11	Open-E	Karin Nemoto	根本 夏林	サンスーシ	196-13-873
243	11:12	Open-A	Noritoshi Matsuhashi	松橋 徳敏	つるまい OLC	159-23-100
244	11:13	Para-lympic-E	Nobuyuki Takayanagi	高柳 宣幸	港南 OLC	141-14-300
245	11:14	Open-B	Minako Narita	成田 美奈子	入間市 OLC	255-11-001
246	11:15	Open-E	Toshifumi Yoshimura	吉村 年史	福岡県協会	172-40-022
247	11:16	Open-E	Ryo Hotta	堀田 遼	杏友会	190-23-209
248	11:17	Open-A	Kazuki Goto	後藤 和樹	一橋大学	196-12-810
249	11:18	Open-E	Chung Pu Chin	金 崇樸	台湾定向運動協會	
250	11:19	Open-B	Misaki Eguchi	江口 岬	中大附属中 WILDLIFE	
251	11:20	Open-E	Toru Tanaka	田中 徹	京葉 OL クラブ	158-12-001
252	11:21	Open-E	Tsuyoshi Ban	伴 毅	京都 OLC	189-26-211
253	11:22	Open-A	Kiwami Kobashi	小橋 至	浜松 OLC	143-22-505
254	11:23	Open-E	Kiyoshi Ito	伊藤 清	ワンダラーズ	144-14-007
255	11:24	Open-B	Tamura Isamu	田村 勇眸	中大附属高 WILDLIFE	102-13-023
256	11:25	Open-E	Hideo Okano	岡野 英雄	愛知 OC	141-23-016
257	11:26	Open-E	Yoshio Nakao	中尾 吉男	杏友会	185-12-005
258	11:27	Open-A	Kiyomi Suzuki	鈴木 清美	多摩 OL	259-13-042
259	11:28	Open-E	Haruo Kimura	木村 治雄	入間市 OLC	166-11-191
260	11:29	Open-B	Chiemi Sano	佐野 千恵美	小松 OLC	
261	11:30	Open-E	Tomohiro Enoki	榎 智弘	入間市 OLC	194-13-801
262	11:31	Open-A	Hiroshi Tanaka	田中 博	入間市 OLC	141-11-040
263	11:32	Open-E	Masamichi Onishi	大西 正倫	杏友会	194-13-814
264	11:33	Open-B	Rena Ogasawara	小笠原 鈴奈	中大附属中 WILDLIFE	
265	11:34	Open-E	Tomohiro Hashimoto	橋本 知明	ES 関東 C	193-23-101
266	11:35	Open-A	Taku Kodama	児玉 拓	多摩 OL	144-13-130
267	11:36	Open-E	Tatsuyoshi Koizumi	小泉 辰喜	東京 OL クラブ	164-14-014
268	11:37	Open-B	Chiharu Utsunomiya	宇都宮 千遼	中大附属中 WILDLIFE	
269	11:38	Open-E	Siu Tong Lam	林 兆堂		
270		Supporter	Hiroyuki Okazaki	岡崎 弘幸	中大附属高 WILDLIFE	
271		Supporter	Takako Takayanagi	高柳 陽子		



LiteraMed

